

Excerpt Book 1

Introduction to the Fundamental Field

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Chapter 4

Advanced Principles of the Fundamental Field Therapy

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4.1 Introduction to Chapter 4

The Fundamental Field (FF) is an expression of consciousness as the fundamental forces of nature. It is the organizing framework of living systems. FF therapy is the application of fundamental physics (including quantum physics) and systems theory, on the human scale, using the hands-on techniques of traditional energy medicine (TEM).

The physics and systems features (patterns of energy field form, function, resonance, and interaction) of the FF traditional elements ether, air, fire, water, and earth define the patterns of therapeutic reflex points used in treatment. These points are addressed to reestablish and optimize the function of life-energy and therefore restore and optimize health. However, this is not attempting to practice medicine [Section 4.7]. The FF's energy, systems-based, and mind-body therapeutic approach is advanced in many ways that are summarized in this chapter.

4.2 The Fundamental Field's Systems Approach

The Fundamental Field defines networks of connections that encompass and integrates the entire living system, including the mind (the mind is a higher-dimensional elemental phase-state) into an integral whole. For example, the FF approach defines the connections between our psychology and physiology. The integrated FF allows one to see and address health problems from an expanded systems perspective, as a function of larger patterns of trauma, adaptation, compensation, and purpose, not as isolated broken parts. These patterns involve all the facets of our being: mind, emotions, chemistry, and structure. From this, we can see connections between our health and all aspects of our lives. Patients/clients can thus become active participants in their healing process and not be helpless victims of biochemical forces beyond their comprehension.

Viewing life as a system informs us that as therapists the relationship we have with the client may be as important as the knowledge we have. It is not enough to be an objective detached observer of the client. Although, some of this is necessary. We have to become participants in the system, the therapist-client relationship. From the interaction of the therapist and the client, patterns of energy, behavior, communication, and information begin to organize. These patterns reinforce each other to affect the parts (the therapist and the client). If one or both are receptive, this feedback can be a source of intuition, insight, and a deeper understanding of the nature of the client's problem, and what to do about it.

Systems medicine affirms Fundamental Field healing principles. One example is the book by one of the world's leading cancer doctors David Agus MD entitled, The End of Illness, from Free Press, 2012. He states that the medical perspective fails to acknowledge the complex nature of life:

“...for decades, we – all of us, whether you're part of the health-care community or not – have been thinking about health and our bodies in an incorrect manner. We've tried to whittle our understanding of the body and its afflictions down to a single point... Rather than honoring the body as the exceedingly complex system that it is, we keep looking for the individual gene that has gone awry or for the one “secret” that can improve our health. This kind of shortsightedness has led us far astray from an essential [systems] perspective...”

Most relevant to the Fundamental Field approach is the idea that; **rather than the medical diagnosis dictating your treatment, the state of your system dictates the treatment. The treatment is designed to restore your system to health and practice prevention, as opposed to just treating disease:**

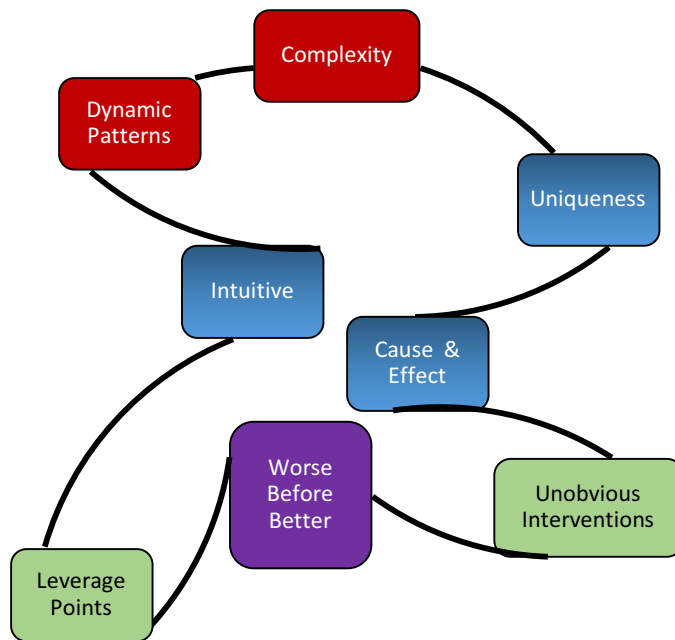
“I won't give you a drug to lower your cholesterol; I'll treat you to a non-cardiac-event state. Similarly, I won't treat you to shrink your cancer by 50 percent; I'll treat you to a healthy state whereby the cancer's growth is under control. That's a very different way of approaching medical care and looking at health.”

He makes the point that treatment protocols are not preset and static like they would be if based solely on a medical diagnosis. Treatments are in real time. They need to be as dynamic as the changes in the state of your body. From this perspective, the physician may replan your protocol on every visit and even within treatment protocols. This occurs in my clinic. **Figure 6** presents more characteristics of systems medicine.

4.3 Enhanced Therapy via the Holographic Principle

If we address the boundary surface of the Fundamental Field energy structures as one dimension less than the interior, and also see the surface and interior as corresponding descriptions of complexity (the balance between stability and adaptation) and polarity, then we can invoke the holographic principle [Sections 6.3-F & 8.5]. This has important practical hands-on therapeutic applications. This approach is especially useful in the treatment of early life traumas where the size and complexity of problems are easily experienced as overwhelming and insurmountable.

Figure 6- Systems Medicine



Complexity-Emergence

Multiple interactions and adaptations between numerous components of life create a complex pattern underlying most problems. Emergent problems may be robust to underlying details and must be dealt with at that level of organization, reductionistic analysis will not work.

Dynamic Patterns

Interaction patterns and the organization within complex systems can spontaneously change, necessitating real time interactions, and not just “find the broken part and fix it”.

Uniqueness

Content within organizing frameworks affords the emergence of individual uniqueness.

Intuitive

The functioning of complex systems cannot be objectively analyzed and predicted. The therapists must take an intuitive approach within a coherent model.

Cause & Effect

The more complex the system, the farther away cause and effect usually are from each other in both space and time and the harder it is to analyze causative pathways. The way out may not be retracing the way in.

Leverage Points

In any given system there are very few high-leverage points (reflex point patterns) where one can intervene to produce significant long lasting changes.

Worse Before Better

At some point in the process of positive change, things usually get worse before better.

Unobvious Interventions

The leverage point reflex patterns and the correct way to address them are not always apparent.

By incorporating the FF holographic approach in therapy, one can place a finite boundary or constraint around what is perceived by the patient to be an insurmountable or infinitely large problem. One can also find a simple solution to what appears to be a tremendously complex problem. This has therapeutic effects that are scale-invariant (applying across all scales from cells to the whole person) and can separate and restore positive-negative polarities.

4.4 Global Access and Systems Support

In the Fundamental Field, the entire body (and being) is connected in a functional whole. One's knee, for example, could be functioning incorrectly at an unnoticeable (sub-clinical) level because of problems somewhere else, such as; stress, organ function, emotions, and other structural problems [Figure 7]. All of these non-local problems could have FF energetic reflex patterns that interact at the knee. This interactive reflex pattern, creating disrupted life-energy, will predispose the knee to injury when it is under local stress. And, if the knee is injured, addressing these related global problems will promote optimal healing and diminish the chance of re-injury.

By addressing larger patterns of aberrant energy and information that include the whole body and mind, the Fundamental Field approach helps resolve and uncouple health problems from their causative or contributing global patterns. This uncoupling is essential to allow and promote local healing and for conventional medical or other alternative medical interventions to be more efficacious. Thus, the FF reflex network allows global access to local problems and provides systems support to optimize healing.

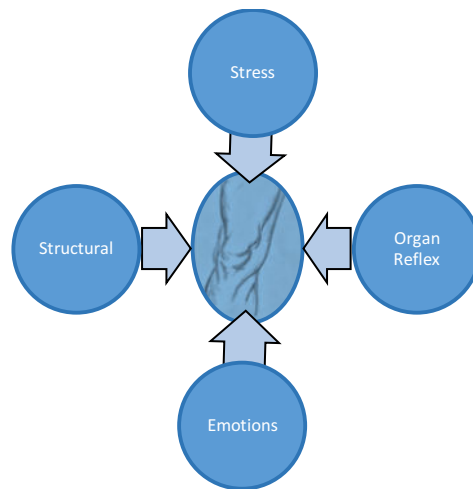
4.5 Contextual Therapy- True Generalist Medicine

The Fundamental Field acts as the universal organizing framework of all life. It is the context of life [Section 3.4]. An organizing framework does not specify the details of the things, the content, that it organizes; the details or content vary. The content of life defines the various life forms and individuals within these life forms. Therefore, each individual can be therapeutically addressed via a universal pattern of general features, the FF contextual framework, and a bunch of different details (the content) which define the life form and individual. Thus, the context approach addresses the universal aspects of the Fundamental Field framework, the content approach addresses the unique aspects of the life form, individuals, and their problems.

Contextual based FF therapy does not have to account for every detail of life, like biochemical details. Problems at the detail level can be resolved by addressing the larger framework or contextual features of the FF. Thus, the contextual approach has universal application. It is simple to do as it does not have to address the specifics of the client or the problem. In this sense, it is a true generalist medicine.

Figure 7

Some Non-Local Effects on the Knee



Contextual treatment protocols can be simplified or expanded (which may include addressing the specifics of biological structures and processes) to accommodate the knowledge base and experience of practitioners, which may vary from lay individuals to the most sophisticated physicians or practitioners. One does not have to hold multiple academic degrees to practice Fundamental Field therapy. Its most basic protocol can be practiced by the common person with simple training.

The integration of FF context and content, or the universal and the individual, is the most effective and efficient way to practice healing. For example, first holding a client's head and then holding their feet is a contextual protocol using hands-on FF therapy. It addresses a universal aspect, which means something that applies to all life forms and all problems contained within this particular context. Within this protocol there are a vast number of different specific therapeutic reflex points. These points can be contacted on a client's head and feet in combinations and sequences that address the specific, dynamic, and unique, aspects of the person and their problem. This approach can be summarized; as one moves through the contextual protocol, specific contacts are made. Even though some life forms do not have discernible heads and feet, such as a cell, there is a universality of contextual features [Section 8.6]. The contextual approach works on all life forms, in principle, even alien life forms.

4.6 Integration of Traditional Energy Medicine

The Fundamental Field model provides a scientific definition of life or vital energy as an atom-like pattern of fundamental forces in a higher dimensional vacuum phase-state reality. Modeling life-energy from this perspective reveals the connections and interactions of the various traditional energy medicine disciplines with one another and incorporates them into one system, the FF. The FF approach is more efficacious than merely using one discipline or using the disciplines in combination. Thus, one can receive many of the benefits, and much more, of polarity therapy, original chiropractic, acupuncture (acupressure), jin shin, Ayurveda, and the various chakra systems concurrently in one FF therapy session.

4.7 How does the Fundamental Field Model Relate to Conventional Medicine

Disclaimer – Not Practicing Conventional Medicine

The Fundamental Field approach sees life as an expression of consciousness, manifested as life-energy and information, which are the fundamental forces of nature. These forces are embodied in a higher-dimensional large-scale atom-like form and function, the FF. The FF acts as the universal organizing framework and agent of life that organizes life into a global functioning system. As such, the FF provides a non-medical means to address all health problems. However, it does not claim to make a medical or psychiatric diagnosis or provide, at this time, any substantiated medical treatments beyond those associated with its constituent alternative medicine subsystems, listed in **Figure 4**.

Differences Between the Fundamental Field Approach and Conventional Medicine

The Fundamental Field approach differs from conventional medicine in almost all aspects, this chapter and **Figures 8 & 9**, except the requirement to be based in science. The FF is a different approach that warrants consideration based on its own scientific principles and research. It appears to be an effective and efficient discipline [**Section 8.8**] that is based on life's fundamental nature. It does not generate the dangers and prohibitive costs of conventional medicine as it does not rely on biochemistry, technology, or specialty medicine. The FF is also a wellness preventative approach that promotes optimal health. It can also be directed to increase specific performance, as in an athletic event. In other words, it is not limited to the treatment of disease.

Despite these differences, or more precisely, because it is so different, the Fundamental Field approach is not in conflict with, a substitute for, or redundant to conventional medicine. The FF's contextual global systems modeling of life is a parallel explanatory and treatment approach functioning side by side with conventional medicine [**Figures 8 & 9**].

Figure 8
Parallel Explanatory and Treatment Approach

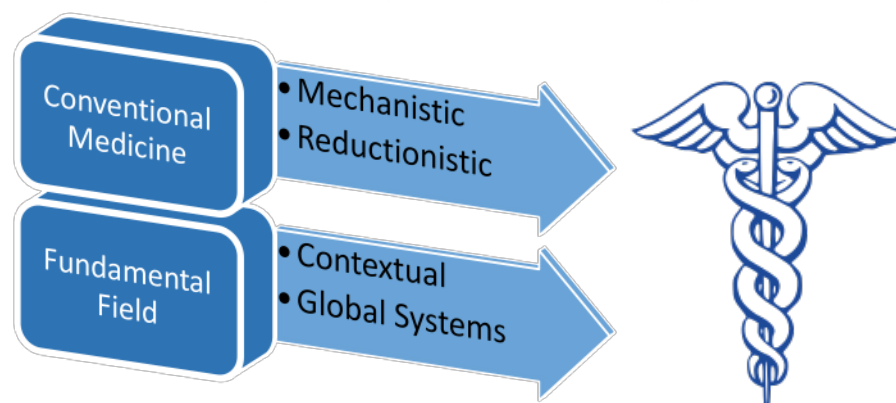


Figure 9
Differences with Conventional Medicine

Basic Components	Fundamental Field	Conventional Medicine
Type of Components	Energy Fields & Space-Time Geometry	Molecules
Size	Large	Small
Structure	Simple	Complex
Nature	Higher-Dimensional Subtle	Material
Organizing Method	Contextual Frameworks, Top-Down	Reductionist, Bottom-Up
Interaction of Components	Complex, Systems Based	Simple, Mechanistic
Context of Problem	Whole of Person and their Life	Isolated Broken Chemical Parts
Adaptation/Evolution	Within Contextual Frameworks	Random, Incremental

One of the ways in which the Fundamental Field therapy can be a valuable adjunct to conventional medicine is by addressing global patterns of aberrant life-energy and information associated with health problems [Section 4.4]. This helps to uncouple problems from their causative or contributing global patterns. This is essential to allow and promote local healing and for conventional medical interventions to be more efficacious as they usually address health problems as an isolated broken part [Chapters 9 & 10]. In other words, the FF's reflex network offers systems support to optimize healing. A promising application in this regard is to lower the required dose of pharmaceutical agents and to modulate a person's response to these agents, like chemotherapy, to reduce toxicity and enhance effectiveness.

As a society, we have invested trillions of dollars over a century in the conventional approach. We need to take greater advantage of this valuable information by seeing it in a broader context of the Fundamental Field model and putting it to better use. We need both approaches, the conventional biochemical approach to address specific local areas that need support. We also need the Fundamental Field approach's energy, systems, and mind-body perspective to:

1. Identify and address holistic and global patterns causing or contributing to the problem.
2. Allow conventional medical interventions to be more efficacious.
3. See the health problems in the larger context of the patient's life.

In many instances, local conventional medical support is necessary as long-standing systems problems are addressed by the Fundamental Field therapy. But, focusing only on the local approach creates many problems for conventional medicine [**Chapter 10**].

4.8 A Practical Example

I randomly picked a patient from my active files, the patient is a woman in her 50s. She reports persistent upper back pain and muscle spasms from exercising three months prior. She has improved by approximately 30%, but progress is slow. Her MD's diagnosis was muscle strain in her upper back. But she feels that if it was that simple she should be getting better faster. She has no radicular nerve symptoms like radiating pain into her arms and no imaging studies. She is otherwise relatively healthy. I also believe her presenting problem is a musculoskeletal injury in the neck/upper back region of her spine. But, given her slow progress, I suspect there is more going on here. She is also going back to her MD.

A relevant question from the Fundamental Field perspective is; are there predisposing holistic factors to her injury that may be inhibiting healing? FF Energy Resonance Evaluation [**Figure 10**] showed a problem with her ether and air elements at the psychological level resulting in lack of boundaries. In other words, psychologically, she was unconsciously enmeshing and internalizing other people's needs and taking on the responsibility to meet those needs. This is an unresolved pattern from her past that was being triggered by current events, identified by the patient as family issues. This was discussed with the patient via Energy Awareness Dialogue [**Figure 10**].

In this example, the patient's ether and air energy patterns affected the presenting problem in two ways. First, it created reflex instability in her upper neck or cervical spine. This instability elicited spinal compression from tightening structural guy-wire-like components down her spine to stabilize her head and upper cervical spine for functional orientation (eyes, hearing, balance) to the world. Secondly, it energetically affected her heart which then reflexed into her upper back or thoracic spine. Spinal compression (described above) upon this heart reflex pattern predisposed her to this injury and is inhibiting healing. The patient has no known problems with her heart and I found none on auscultation (listening to heart) examination. However, an active heart reflex pattern was found.

Fundamental Field hands-on therapy consisted of contacts for the ether and air elemental energy boundaries in the positive, neutral, and negative magnetic poles of the Fundamental Field. The neutral pole reflexes in his case were the fire element in acupuncture, related organs are the heart and small intestine (the acupuncture energy system is the neutral pole in the FF). I also, as a chiropractor, manipulated her spine.

On the patient's return visit she reported a resolution of the diffuse pain and tension across her upper back. Her remaining, much diminished, symptoms were now localized to her lower

cervical spine and were in the process of resolving. She reports that she is emotionally more stable. Her MD ordered an x-ray of her cervical spine which showed mild degeneration of a disc in the lower part. She was going to get physical therapy as well.

The Fundamental Field assessment contains three descriptions of the problem as demonstrated in this example. The first is usually derived by a physician. It is material, body-based, and generally a ‘local’ description of the problem. In this example, a muscle strain and subluxation (dysfunction in biomechanics of the spine) in her cervical spine. The second description is the Fundamental Field energetic description of the problem. This example involves the ether and air elements. This FF energetic description provides a protocol for hands-on FF treatment. The third is a description based on the life-meaning of the FF energetic description. For example, ether issues at the psychological level may involve such things as boundaries, identity, self-expression, and grief.

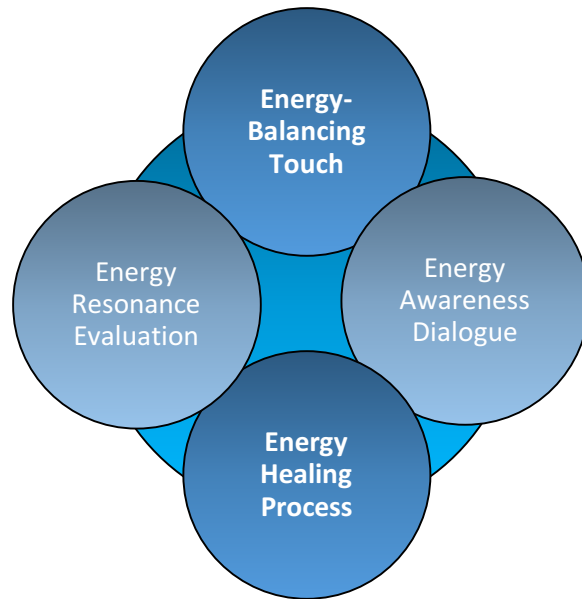
The third description is general. The particulars of the patient’s life show how it pertains to them. This description allows the patient/client to create mindful awareness of the problem to change their reactions and behaviors through Energy Awareness Dialogue [Figure 10]. Conventional medicine is limited to the first, and in a very mechanistic and reductionistic way [Chapter 9]. The Fundamental Field model can integrate all three of these descriptions. However, it is the FF’s energetic description and treatment protocol that is the primary component of FF therapy. How much one incorporates the first and third descriptions into therapy depends upon the qualifications and clinical skills of the practitioner. The four components of the Fundamental Field therapy are summarized in Figure 10, and the principles of FF patient centered medicine are presented in Figure 11.

The above example demonstrates the effect of global holistic factors on local areas, subsequent injuries, and inhibited healing. Her injury and reflex pattern also hinted at possible heart problems if her emotional issues continued. In addition, we can see how addressing the holistic global problems will allow greater efficacy for localized therapy. In this example, physical therapy.

In the conventional medical approach external and holistic factors like environment, lifestyle and behavior, psychological issues, and the interactions of these factors are relegated to secondary status, if considered at all. And, the idea of contextual frameworks like the Fundamental Field is not even a conceptual reality. Localized explanations and treatments give rise to the problems of conventional medicine. In the above example, if the global holistic factors remained unaddressed, her neck and upper back problem had the potential to become chronic with more degenerative changes. This would lead to the use of pharmaceuticals, more imaging, and possibly surgery, creating additional problems. The same could be said for her heart or other areas relating to her emotional energy pattern.

Bio-chemical explanations can be complex and detailed [Figure 9]. A medical based description and treatment of a heart problem may involve elaborate biochemical explanations involving biochemical pathways, carbohydrate and fat metabolism, and DNA gene factors. There are going to be expensive examination procedures and the resulting treatment is the administration of multiple pharmaceuticals and maybe surgery, eliciting additional problems.

Figure 10
Four Components of Fundamental Field Therapy



Energy-Balancing Touch

This is the hands-on bodywork component of FF therapy. Hands-on bodywork is the primary therapeutic method of FF therapy. More specifically, Energy-Balancing Touch refers to the basic FF treatment protocol. In this basic FF protocol, a simple gentle touch is taught. But the type and complexity of touch can vary according to the type of practitioner and patient/client.

Energy Resonance Evaluation / Intuitive Medicine

Is part of the energy evaluation of the client. Energy Resonance Evaluation is one part of the connection and intuition that can emerge from the practitioner-client relationship. Intuition is a scientifically valid way, in many instances the only way, to get information about problems and therapy in complex, unique, and dynamic (changing) systems.

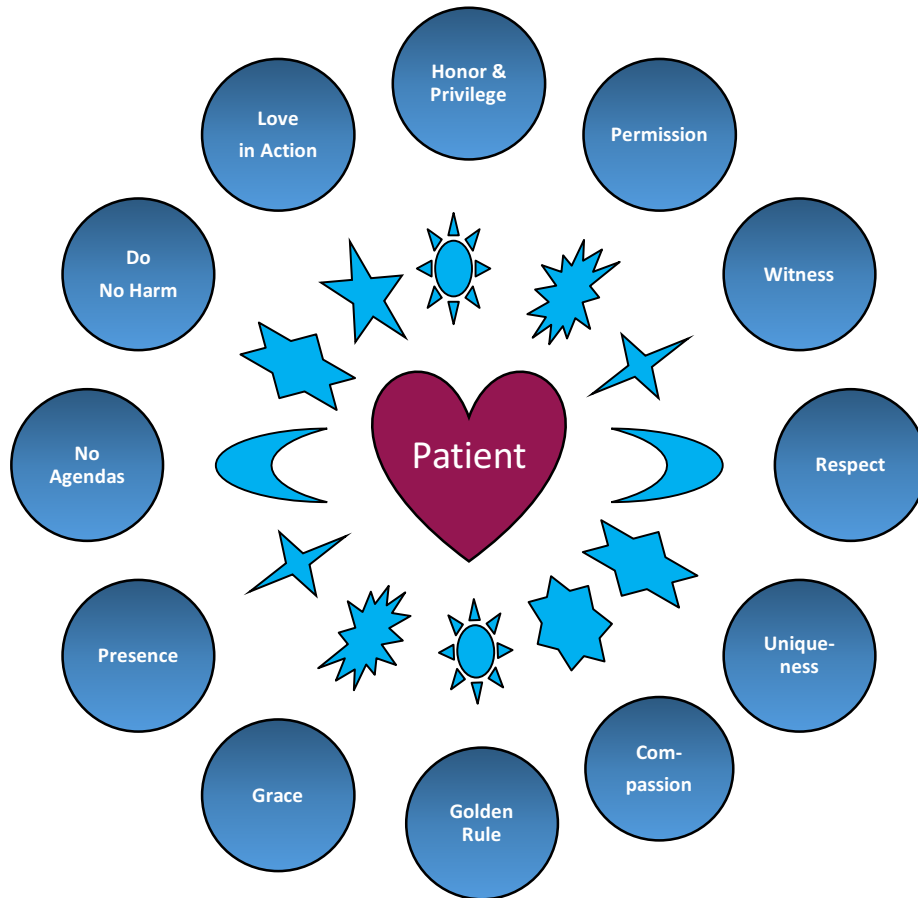
Energy Awareness Dialogue

Energy Awareness Dialogue is an important part of the practitioner-client dialogue. It is designed to communicate to the client their mind-body, holistic, and systems factors that are causing or contributing to their health problem(s). These factors allow the client to perceive their health problems at an everyday level of understanding and see their part in the creation and solution of these problems.

Energy Healing Process

Energy Healing Process is the movement, integration, and reorganization of the patient's FF energies and associated psychological, physiological, and structural components. The important point is that this process is a continuation of FF therapy effects outside of the clinic. It is part of Energy Awareness Dialogue to communicate this to the client and that at some point in the process of positive change, things may get worse before better.

Figure 11
Principles of FF Patient Centered Medicine



Honor and Privilege

Treat patients as an expression of spirit.

Permission

Acknowledge that certain aspects of patients may not be want to be directly addressed

Witness

Without judgment

Respect

See fellow souls searching for health & happiness

Uniqueness

Each individual is a unique expression of life

Compassion

Treat with empathy, kindness, and consideration

Golden Rule

Treat the client as you would like to be treated

Grace

Be open to emerging gifts from the universe

Presence

Be present & intuitively receptive

No Agendas

Check conscious or unconscious motivations

Do No Harm

The oldest principle of medicine

Love in Action

No forcing or controlling

Ultimately love is the primal force

In contrast, the Fundamental Field explanations and treatments tend to be straightforward and relatively simple and do and do not have the problems of conventional medicine. In this instant, she is carrying too much burden for her family and needs mindful awareness of the situation and FF energy treatment and support. As stated earlier [**Section 4.7**], if these emotional energy patterns become worse the local areas of breakdown may need conventional intervention as global holistic patterns are addressed.

In general, the Fundamental Field is the bridge between biochemical content and the psychological and environmental context of a problem and can offer treatments that address all concurrently. The FF can thus identify and address the problem, the behavior, and external circumstances associated with the problem through FF hands-on therapy and dialogue. It is not limited to seeing problems as only isolated broken biochemical parts. The FF approach sees solutions to health problems by addressing life's fundamental nature, as patterns of consciousness, mind, and energy that create, organize, and sustain all living systems.